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**FAMILY MEDICINE TRAINING
IN AFRICA: GOOD PRACTICE
EXAMPLES (LESOTHO)**

INTRODUCTION

- Dr. Jose Musoke, 2007
- LeBoHA = Lesotho Boston Health Alliance
- Partnership (Ministry Of Health, Boston University, Family Medicine Department-U.O.F.S)

- ⦿ No Medical Universities in Lesotho or post graduate medical institution,
- ⦿ Exists only 4 nursing schools in the country,
- ⦿ Most doctors are trained in foreign countries (globally),
- ⦿ Most of the nurses are trained in Lesotho,

STATISTICS

- ◎ ~120 Physicians in practice
- ◎ ~ 1:20,000 people
- ◎ < 30 Basotho physicians in practice
- ◎ Non-nationals – Africans and Chinese
- ◎ current coverage rate is 33% of the level that reportedly prevailed in the early 1990s in sub-Saharan Africa

HEALTH CARE PROBLEMS

- AIDS, associated/ opportunistic diseases such Tuberculosis, Meningitis, Pneumonias, Diarrheal diseases,
- Ailments such as Hypertension, Diabetes, Trauma (Assault/Accidents), Pregnancy complications, Cancers,
- All have an effect of reducing quality of life through morbidity, mortality, reducing life expectancy,

- ⦿ Inadequate infrastructure,
- ⦿ Low morale, burnout amongst health care providers,
- ⦿ Frustration of patients,

FAMILY TRAINING PROGRAMME

- First of its kind in Lesotho, which has the aim of optimizing delivery of health care to population in current conditions,
- Actively looking for new recruits,
- Based at Leribe, Maluti district hospitals,
- Have assisted at satellite clinics, where we provided consulting services,

- Have rotated through different departments (Obstetrics/ gynecology, pediatrics, adult medical, surgery, hiv management),
- Grand rounds where medical topics on health issues were presented,
- Internet Conference,
- Learning & sharing forum,
- Managerial training.

- ⦿ Updated in medical knowledge & trends,
- ⦿ Daily rounds & discussions with supervisors,
- ⦿ Occasional visits by guests/ consultants UOFS, and Boston Medical Institutions,
- ⦿ New Ideas & sharing their similar experiences,