

Developing Primary Care Centres of Excellence in the District Health Services!



# Primafamed Conference Kampala



Dr S. Moosa

Coordinator: Family Medicine & PHC, Gauteng

Snr Lecturer, DFM, Wits University

18th November 2008

Partners:





# Family Medicine training in Africa



SA urban: good practice....





## □ Educational Context

- Famec Outcomes / SAQA Unit Standards
- Registration of specialty 2007
- Skills list
- Core Curriculum
- Single National Examination:
  - 8 DFMs + College of Family Physicians
- SA mode of academia



## □ Context

- Post-apartheid urban challenges
  - Service Transformation Plan (IHPF)
  - PHCN / Specialists-Univ
  - Quality Health Care:
    - Healthy Lifestyles + Quality Service + Strengthen DHS - service/mgt

## □ African FM principles

- Improved individual care
- Contextualised care (COPC)
- Team-based clinical care in the DHS
- Support & Integrate Priority programmes -popn outcomes
- Extended Range (Community to District Hospital)

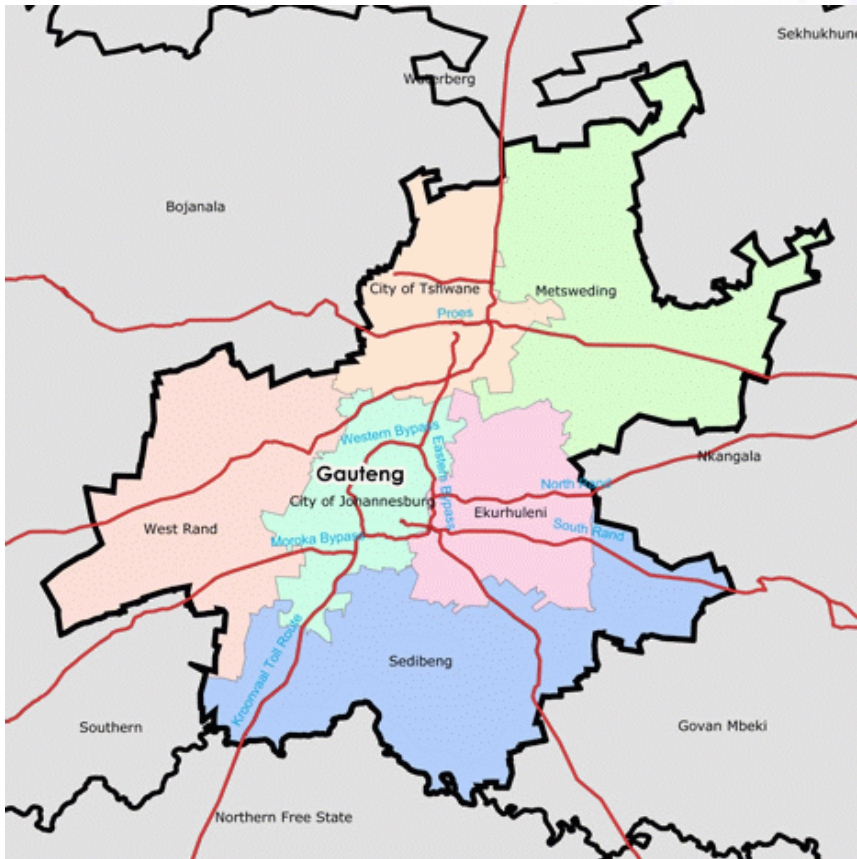
Public-Private-NGO Partnership



# Family Medicine: Plan for Gauteng career path



## □ FM Plan (Dec 2005)



## — DFPs per District Sep '06

- Jhb Metro: Dr S. Moosa
- West Rand: Dr C. Manitshana
- Ekurhuleni: Dr S. Agbo
- Sedibeng: Dr O. Omole
- Tshwane: Dr J. Ndimande

## — Account to District Director for coordination of clinical service

## — 90 FPs / 144 Registrars by July 08

# Training of FM Registrars: Wits



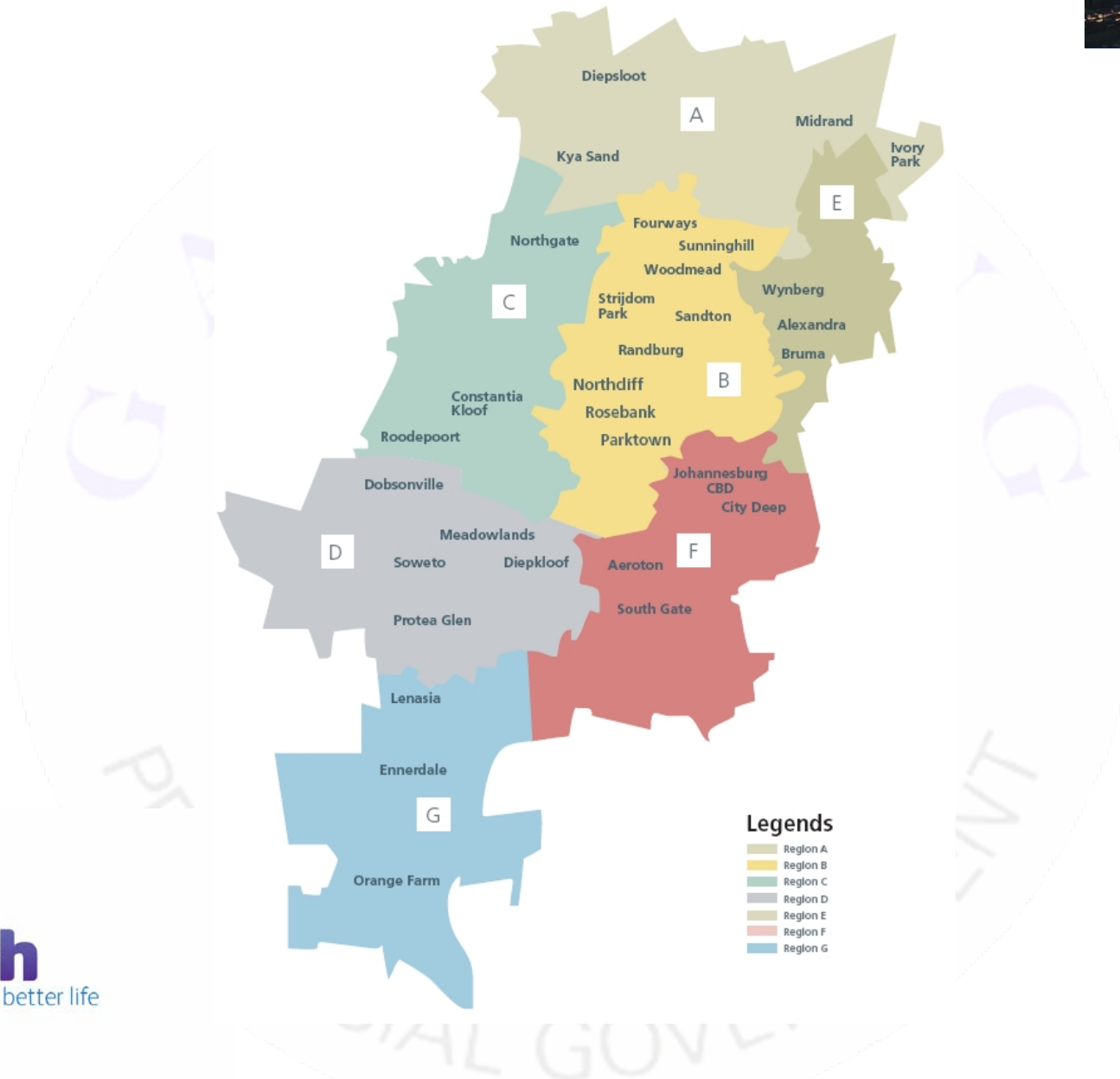
## □ Yr 1 - 3

- Integrated Service-Learning Environment
  - DHS: Clinics, CHC and District Hospital (DEC)
  - Clinic visits / community practice / inpatient care
- Skills development
  - ?Rotations to / from Regional Hospitals
- Direct supervision & mentorship by FPs / ?GPs
- Wits: 3 x 3d / monthly Seminar + Journal Club
- Modules
- Learner-centred - Learning Portfolio

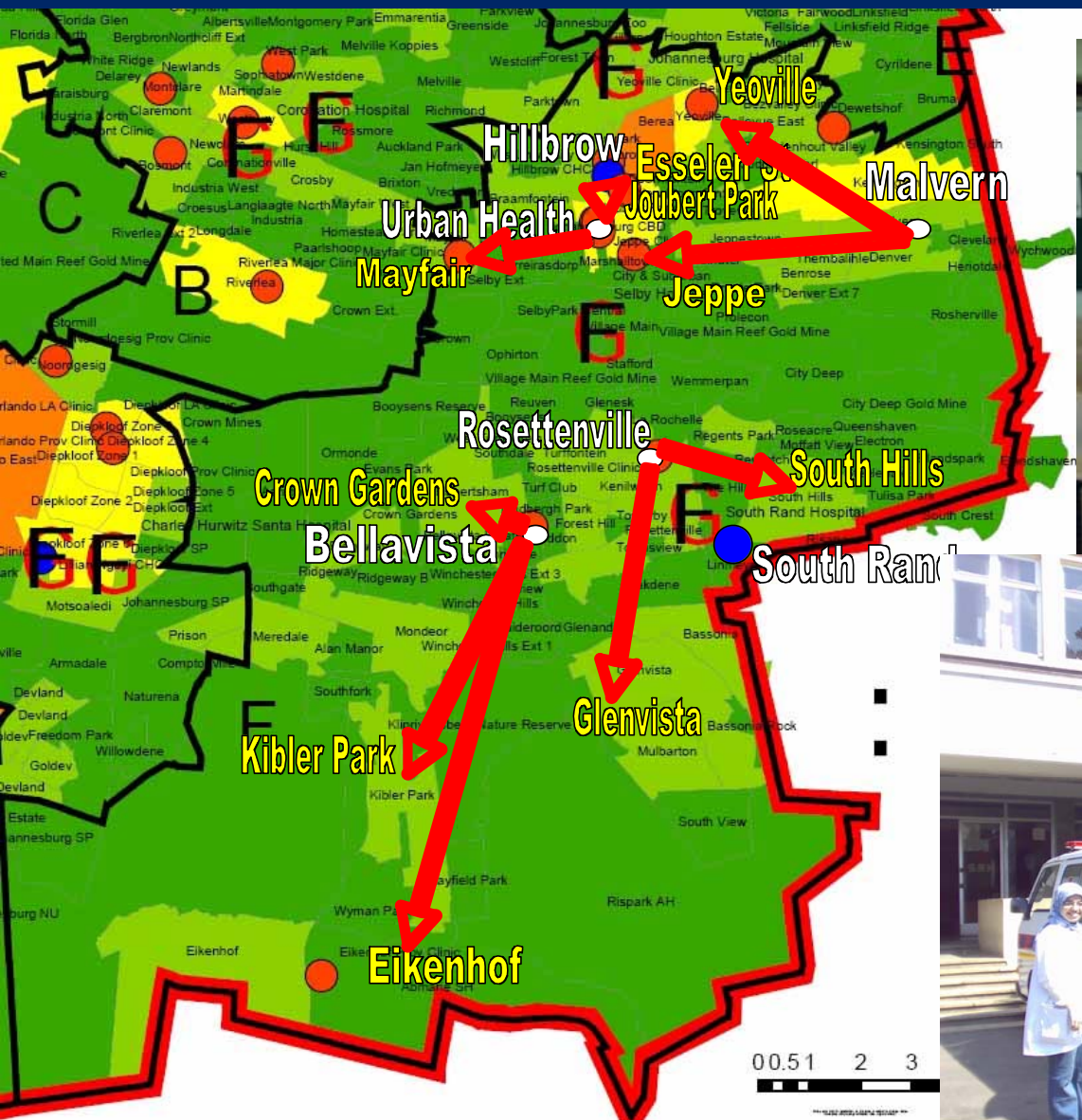
## □ Yr 4 - Electives e.g. Emergency, HIV, Obstetrics etc



# Johannesburg



# Region F





- At District Hospital (8 Drs + 2 FPs)
  - Ward rounds
  - Theatre
  - OPD
- At Clinic (1-3 PHC Nurses)
  - Mentored x 1 morning per week
  - Observed Consultations
  - Teamwork daily
    - Clinic context
  - Registrar Seminars weekly
  - Patient Safety mthly / CPD x 2 (Hosp/Clinic)
- Opportunities & Challenges...! Outcomes!

# Community Practices: Training / Research Platform



- ❑ Define community of 1000-2000 people & register per registrar team
  - With community consultation
- ❑ Determine demographics / health status / community profile
- ❑ Integrate community diagnosis with service use
  - Slots on 2 x 2hrs weekly - bookings
  - Clinical and Community Teamwork
  - Home visits with Community Health Workers once a month
  - DHIS vs own data: Audits

# Questions & Comments



Dr Shabir Moosa

Acting Chief Specialist Family Medicine  
& PHC, Gauteng

Wits Department of Family Medicine

011 -7172056

011- 3553377

0795170544

[shabir@drmoosa.co.za](mailto:shabir@drmoosa.co.za)

THE DISTRICT MANAGER

